

Trust Building Sunday School Schedule (Five 50-minute sessions)

<i>Page</i>	<i>Description</i>	<i>Minutes</i>
Session 1		
6-7	Introduction: Dave Stone, Elisa Morgan, Dave Ping, Joe Boyd	14:00
8	Breakout One: Introduce Yourself	15:00
9	Meet the Characters & Large Group Discussion	8:00
9-10	Three Levels of Trust & Nonverbal Trust Building	8:00
11-12	“I’m Not Listening” Exercise	5:00
Session 2		
13-14	Vignette: Bill & Jordyn; Group Response	5:00
14	Nonverbal Trust Buster #1	1:00
15-16	Vignette: Ruth & Jordyn; Group Response	6:00
16	Nonverbal Trust Buster #2	6:00
17	Vignette: Ruth, Ed, & Eric; Group Response	5:00
18-19	Nonverbal Trust Buster #3; Nonverbal Trust Builders	6:00
20	“I’m Listening Now” Exercise	5:00
21	The F.A.C.E. Acronym	6:00
22-23	Breakout Two: Nonverbal Trust Building	10:00
Session 3		
24	Verbal Trust Building	3:00
24-25	Vignette: Jordyn’s response to Bill’s vulnerability; Group Response	6:00
26	Verbal Trust Busters; Verbal Trust Buster #1	4:00
26-27	Vignette: Ruth & Jordyn; Group Response	6:00
28	Verbal Trust Buster #2	8:00
28-29	Vignette: Ruth & Ed; Group Response	5:00
29-32	Verbal Trust Busters #3-#7; Verbal Trust Builders	8:00
33-34	Breakout Three, Part 1: Verbal Trust Building	10:00
Session 4		
33-34	Breakout Three, Part 1: Verbal Trust Building (review)	10:00
35-36	Breakout Three, Part 2: Verbal Summarizing	15:00
37	Behavioral Trust Builders	4:00
37-40	Vignette: Watch for signs of respect or disrespect (Bill & Jordyn); Behavioral Trust Busters #1-2; Group Response	6:00
40	Behavioral Trust Busters #3-5	3:00
41-42	Vignette: Ruth, Ed, & Eric; Group Response	6:00
43	Behavioral Trust Builders	6:00
Session 5		
44	Breakout Four: Behavioral Trust Building	15:00
45	Spiritual Trust Building	4:00
45-47	“Listening to God” Exercise	27:00
	Optional Closing (on DVD)	4:00

Trust Building Retreat Schedule (Two 2-1/2-hour sessions)

<i>Page</i>	<i>Description</i>	<i>Minutes</i>
Session 1		
6-7	Introduction	14:00
8	Breakout One: Introduce Yourself	15:00
9	Meet the Characters & Large Group Discussion	10:00
9-10	Three Levels of Trust & Nonverbal Trust Building	8:00
11-12	“I’m Not Listening” Exercise	5:00
13-14	Vignette: Bill & Jordyn; Group Response	8:00
14	Nonverbal Trust Buster #1	2:00
15-16	Vignette: Ruth & Jordyn; Group Response	8:00
16	Nonverbal Trust Buster #2	7:00
17	Vignette: Ruth, Ed, & Eric; Group Response	6:00
18-19	Nonverbal Trust Buster #3; Nonverbal Trust Builders	7:00
20	“I’m Listening Now” Exercise	5:00
21	The F.A.C.E. Acronym	7:00
22-23	Breakout Two: Nonverbal Trust Building	15:00
24	Verbal Trust Building	3:00
24-25	Vignette: Jordyn’s response to Bill’s vulnerability; Group Response	6:00
26	Verbal Trust Busters; Verbal Trust Buster #1	4:00
26-27	Vignette: Ruth & Jordyn; Group Response	7:00
28	Verbal Trust Buster #2	8:00
28-29	Vignette: Ruth & Ed; Group Response	5:00
Session 2		
29-32	Verbal Trust Busters #3-#7; Verbal Trust Builders	8:00
33-34	Breakout Three, Part 1: Verbal Trust Building	20:00
35-36	Breakout Three, Part 2: Verbal Summarizing	15:00
37	Behavioral Trust Builders	4:00
37-40	Vignette: Watch for signs of respect or disrespect (Bill & Jordyn); Behavioral Trust Busters #1-2; Group Response	8:00
	Jordyn); Behavioral Trust Busters #1-2; Group Response	
40	Behavioral Trust Busters #3-5	3:00
41-42	Vignette: Ruth, Ed, & Eric; Group Response	10:00
43	Behavioral Trust Builders	7:00
44	Breakout Four: Behavioral Trust Building	20:00
45	Spiritual Trust Building	5:00
45-47	“Listening to God” Exercise	45:00
	Optional Closing (on DVD)	5:00

Trust Building Small Group Schedule (Four 1-1/4-hour sessions)

<i>Page</i>	<i>Description</i>	<i>Minutes</i>
Session 1		
6-7	Introduction	14:00
8	Breakout One: Introduce Yourself	17:00
9	Meet the Characters & Large Group Discussion	10:00
9-10	Three Levels of Trust & Nonverbal Trust Building	8:00
11-12	“I’m Not Listening” Exercise	5:00
13-14	Vignette: Bill & Jordyn; Group Response	9:00
14	Nonverbal Trust Buster #1	2:00
15-16	Vignette: Ruth & Jordyn; Group Response	10:00
Session 2		
16	Nonverbal Trust Buster #2	6:00
17	Vignette: Ruth, Ed, & Eric; Group Response	5:00
18-19	Nonverbal Trust Buster #3; Nonverbal Trust Builders	6:00
20	“I’m Listening Now” Exercise	5:00
21	The F.A.C.E. Acronym	6:00
22-23	Breakout Two: Nonverbal Trust Building	15:00
24	Verbal Trust Building	3:00
24-25	Vignette: Jordyn’s response to Bill’s vulnerability; Group Response	6:00
26	Verbal Trust Busters; Verbal Trust Buster #1	4:00
26-27	Vignette: Ruth & Jordyn; Group Response	6:00
28	Verbal Trust Buster #2	8:00
28-29	Vignette: Ruth & Ed; Group Response	5:00
Session 3		
29-32	Verbal Trust Busters #3-#7; Verbal Trust Builders	8:00
33-34	Breakout Three, Part 1: Verbal Trust Building	20:00
35-36	Breakout Three, Part 2: Verbal Summarizing	15:00
37	Behavioral Trust Builders	4:00
37-40	Vignette: Watch for signs of respect or disrespect (Bill & Jordyn); Behavioral Trust Busters #1-2; Group Response	8:00
	Jordyn); Behavioral Trust Busters #1-2; Group Response	
40	Behavioral Trust Busters #3-5	3:00
41-42	Vignette: Ruth, Ed, & Eric; Group Response	10:00
43	Behavioral Trust Builders	7:00
Session 4		
44	Breakout Four: Behavioral Trust Building	20:00
45	Spiritual Trust Building	5:00
45-47	“Listening to God” Exercise	45:00
	Optional Closing (on DVD)	5:00