

# God + A Few Tools = Amazing Marriage!

Cincinnati couple, Bob and Rita Hauck, frequently speak of how the Lord used EMI classes to transform their frustrating marriage into a life-long partnership of love and respect. This month you have an opportunity to begin moving in that direction as we offer [CARING COUPLES](#) workshop, February 9-10.



## **HE SAYS - MORE PIZZA!**

**BOB:** Communication improvement is the biggy here. I tend to hide. Rita tends to chase. So, we wore ourselves out running from and after each other--and very little energy was left for communication. The most helpful aspect of the Couples class for us was the floor exercise. I was able to come out of hiding and actually learned to listen. This was difficult and humbling for me because I didn't have all the answers. I saw how I avoided issues by giving advice and doing a quick fix--which drove Rita crazy. In retrospect, I see it was a way for me to keep from hearing the truth. This exercise allows Rita to really be heard. And it gives me a safe place to try my wings at expressing my feelings--my deep heart--a scary place to go for me. This class added more pizza to our marital diet!

## **SHE SAYS - GRACE-FILLED FIGHTS**

**RITA:** The first class we took taught us about the Myers-Briggs Temperament Types. We learned how our opposite personalities attracted us to one another. We also learned that these opposites became great challenges in our marriage! How helpful it was to understand God creates ALL personality types. There are strengths and weaknesses in each. So we learned to celebrate our differences rather than judge one another. [MBTI is offered free at all Cincinnati [LIFE Seminars](#).]

[CARING COUPLES](#) taught a communication and conflict resolution tool that had a most powerful impact on us as a couple. We were not only told about the tool--we watched it in demonstration, we practiced it under supervision, and then we were given a tool for practical use--the Floor Exercise. We learned how to effectively communicate. Issues that created anger and fights in the past are now handled with grace and come to resolution. We began to meet every evening to discuss the "issues." It's wonderful to now truly be listened to.

## **SANE HAND-ME-DOWNS**

Our children and their spouses have also benefited from EMI courses. We get to hear and see them listening respectfully, speaking the truth in appropriate ways, giving grace and understanding with empathy and communicating very different ideas and opinions in a healthy and sane way. Now these skills are already spilling over to our grandchildren. What a blessing to the generations this is!